

St Francis Anglican Chaplaincy Tenerife South

Worshipping in
San Eugenio, Playa de las Americas,
Espiritu Santo, Los Gigantes,
San Blas, Golf del Sur,
Swedish Church, Los Cristianos.



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Continued on inside of back cover

From the Editor

Do you remember when you got a new exercise book at school? If you do you probably remember thinking “I am going to make the work in this book the best ever. I will try to get nothing wrong in this one”. Well it is that time again, we have been given a new year let us all try to get nothing wrong.

Last month we reported on the Elise Harding’s ordination to deacon.

At last month’s Council meeting it was agreed that the Chaplaincy would support her in her ministry by opening a new worship centre in Los Cristianos. The new venue will be the Swedish Church. Regular services will be held in the morning, on the second and fourth Sundays of the winter months.

Where is the Swedish Church? I hear you say. Well it is on the sea front in Los Cristianos, turn to pages 12 & 13 to find more details.

Finally may I offer all our readers, here and in the UK

*A Very Happy
New Year*

The Editor

**Deadline for February contributions
13th January**

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From Our Chaplain

My dear friends in Christ Jesus,

First, may I wish you all a very healthy and happy New Year for 2011.

With all the anticipation that comes with the modern day Christmas it was all over in the pull of a cracker and the last portion of turkey and Brussels sprouts – never to be touched for another year.

New Years Eve never quite does it for me.

It's always a relief to have a bit of space after the busyness of Christmas to relax at home and mull over the past 12 months and the hopes and possibilities of the year ahead. The prospect of this coming year, though, is one that produces a lot of anxiety and insecurity for countless people. There are fears about disappearing savings, lost jobs, house repossessions and worse. While the headlines are often about the big figures, it's the human cost that makes it real for us.

Apt words you might think for the current European situation. But those words were in fact spoken two years ago on the 1st January 2009 by the Archbishop of Canterbury, Dr. Rowan Williams.

How little things change.

The Spanish economy is still precarious and who knows what this New Year will bring. But as Christians, we owe it to our Lord to pull together in prayer and worship to support those who are suffering the most. They might be as close as a member of our own family, a friend or neighbour, or they might be on the other side of the world – but they all need our prayers and where possible our active help. The New Year gives us the opportunity,

popularly to make resolutions. Now the root of that word means 'to have great determination', unfortunately not much determination at all is seen in the majority of New Year Resolutions! So let's resolve to be resolute and make the extra effort this year to ensure that our resolution to help others really happens throughout this New Year 2011.

May God Bless you all in 2011 and may the love of our Lord Jesus Christ fill your hearts throughout the year.

Your Chaplain and friend,

Fr. Keith

Prayer Changes Things

The little girl had been so naughty during the Christmas break that her mother decided to give her the worst kind of punishment. She told her she couldn't go on the New Year's Day family outing. But when the day finally came, her mother felt she had been too harsh. When she told her daughter that she could go after all, but the child's reaction was one of gloom and dismay. "What's the matter? I thought you'd be glad to go," her mother said.

"But it's too late now!" the little girl protested. "I've already prayed for rain."

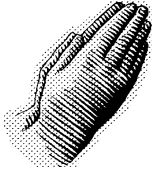
Diary for January

1 st	Sat		
2 nd	Sunday	Epiphany	
		10.15 am Holy Eucharist Sung Chaplaincy Lunch,	– San Eugenio – San Eugenio
		6.00 pm Holy Eucharist Sung	– Espiritu Santo
		6.00 pm Holy Eucharist by Extension	– San Blas
3 rd	Mon		
4 th	Tues		
5 th	Wed	10.15 am Holy Eucharist Said	– San Eugenio
6 th	Thur	10.30 am Holy Eucharist Sung	– Espiritu Santo
7 th	Fri		
8 th	Sat		
9 th	Sunday	Baptism of Christ	
		10.15 am Holy Eucharist Sung	– San Eugenio
		10.30 am Holy Eucharist Sung	– Swedish Church
		6.00 pm Holy Eucharist Sung	– Espiritu Santo
		6.00 pm Holy Eucharist by Extension	– San Blas
10 th	Mon	3.00 pm Council Meeting	– Res Sonia
11 th	Tues	10.00 am Guild of St Clare	– Caroline Homer's
12 th	Wed	10.15 am Holy Eucharist Said	– San Eugenio
13 th	Thur	10.30 am Holy Eucharist Sung Chaplaincy Lunch	– Espiritu Santo – Espiritu Santo
14 th	Fri		
15 th	Sat	10.00 am Book Sale	– Charlesworth's
16 th	Sunday	2nd Sunday of Epiphany	
		10.15 am Holy Eucharist Sung	– San Eugenio
		6.00 pm Holy Eucharist Sung	– Espiritu Santo
		6.00 pm Holy Eucharist by Extension	– San Blas
17 th	Mon		
18 th	Tues	Start of the Week of Prayer for Christian Unity	
19 th	Wed	10.15 am Holy Eucharist Said	– San Eugenio

20th Thur 10.30 am Holy Eucharist Sung – Espiritu Santo
 21st Fri
 22nd Sat
23rd Sunday **3rd Sunday of Epiphany**
 10.15 am Holy Eucharist Sung – San Eugenio
 10.30 am Holy Eucharist Sung – Swedish Church
 6.00 pm Holy Eucharist – Espiritu Santo
 6.00 pm Holy Eucharist by Extension – San Blas
 24th Mon
 25th Tues Conversion of St Paul
 26th Wed 10.15 am Holy Eucharist Said – San Eugenio
 27th Thur 10.30 am Holy Eucharist Sung – Espiritu Santo
 28th Fri
 29th Sat 10.00 am Book Sale – Charlesworth’s
30th Sunday **The Presentation of Christ in the Temple**
 10.15 am Holy Eucharist Sung – San Eugenio
 6.00 pm Holy Eucharist Sung – Espiritu Santo
 6.00 pm Holy Eucharist by Extension – San Blas
 31st Mon

February

1st Tues
 2nd Wed Presentation of Christ in the Temple
 10.15 am Holy Eucharist Said – San Eugenio
 3rd Thur 10.30 am Holy Eucharist Sung – Espiritu Santo
 4th Fri
 5th Sat
6th Sunday **5th Sunday before Lent**
 10.15 am Holy Eucharist Sung – San Eugenio
 6.00 pm Holy Eucharist Sung – Espiritu Santo
 6.00 pm Holy Eucharist by Extension – San Blas



Intercessions

The Power of Prayer

THE SICK FOR WHOM WE HAVE BEEN ASKED TO PRAY:

Baby Jamie – Eileen Baldwin – Cian & Joan Barry – Trevor Birch
Bronwen Battye – Sylvia Bolland – John Bosley – Fr Peter Brown
Barbara & Michael Browback – Laura Brown – Robert Brumpton
Keith Burke – Kath Challinor – Trish Chapman – Samuel Coker
Lenna Cole – David Cole – Gladys Cole – Lydia Cook – Corina Cormack
Andrew Crowther – Jeanette Dick – Ann Dobson – Mary Dudfield
Nikki Duval – Revd. Jeff Engel – Victoria Ford – Gordon & Pearl French
Lauren Gaunt – Betty Gilroy – David & Betty Gledhill – Peter Goldsmith
Liz Govan – Kathy Greenhall – Paul Hazelby – Ian Hubbard
Mick & Wendy Hulley – Helen Hutt – Revd Malcom Jackson
Jason – Daniel – Fr. Philip Lamb – Audrey Lancaster – Vicky Lever
Michael Lydon – Mary Mansell – Peter Mulloch – Hazel Noble
Simon Norman-Ballantyne – Brian Norris – Jacquie Parks
Jill Pratt – Alan Price – Michelle Radford-Brown – Harvey Roe
Rose – Sinead – Joe Slater 7yrs – Ewen Smith – Peter Spence
Amanda Stead – Revd Robert Sterman – Susan Stratton – Dudley Thomas
Hilda Thomas – Stephen Thomas – Brian Thornton – Rose Tomlinson
John & Anne Vaughn – Harry Wilkinson

Years Mind – Anniversary of Passing

January 1 st	Frances Allen	22 nd	Sheila Blocksom
8 th	Garnet Allen	24 th	Derek Frew
12 th	Aiden Reed-Cormack	25 th	Martha Rusby
14 th	Robert Warren	25 th	Grace Kirby
17 th	Douglas Gordon	27 th	Alfred Thomas
17 th	Glenda Everitt	28 th	Julius Jameson
18 th	Beth Anderson	31 st	John Finegan
19 th	Sandy Paterson		

The Joy of God.

As we heard from the Prophet Isaiah – “They will enter Zion with singing; everlasting joy will crown their heads. Gladness and joy will overtake them, and sorrow and sighing will flee away.”

Today we are commanded to rejoice. This day is called Gaudete Sunday or Rejoice Sunday or simply Joy Sunday. The reading from Isaiah is full of joy and gladness and as Christians in possession of the Good News of Christ we naturally want to rejoice. But we’re not ‘happy clappy’ Christians. Our joy isn’t shallow and it doesn’t paper over all the sadness of this life. The joy of a Christian must be an authentic joy, a joy that goes all the way down – all the way down to the depths of our hearts – to the depths of the sadness in this world.

This means that true Christianity faces the reality of the world in all of its sadness head on. More than that, it means that our Christian duty is to search out the causes of sorrow, including most especially our own sins which cause such deep pain to those we love, and to those we have never met but are called to love in Christ.

It means seeking out those whose lives are blighted with deep sadness and standing alongside them in solidarity. Jesus came and dwelt among us to enter into our sorrow; he made that journey into the broken heart of human darkness. He came to lead us out of that darkness, into the eternal joy he shares with the Father and the Holy Spirit, now and forever.

As we saw in the last two weeks, in preparing for the coming of the Christ-child at Christmas – we are called to keep alive the vision which provides us with hope and to seek the Peace of God - that peace that only God can give – that peace which comes when we turn, and walk joyfully in the path that Jesus has shown us.

Joy isn’t something that we can seek, rather it’s something that overtakes us while we’re working to keep the vision alive and walking on the path that Jesus has set before us.

And, as we walk that path – joy happens to us, we gain glimpses of what it is that God is about, we encounter situations where we see God's promises coming true, and we have, suddenly this great joy in our hearts.

Imagine if you will for a minute John the Baptist, in prison. Herod is about to kill him – and undoubtedly John is aware of this (though the particular circumstances of his death are still to be shaped by Herod's wife and daughter).

But John is still uncertain about whether his ministry is completed or not, uncertain about whether or not Jesus is the Messiah that he has proclaimed the coming of. And so, he sends messengers from prison to ask Jesus – “Are you the one who was to come, or should we expect someone else?”

And listen again to the answer he got, and imagine his joy when his disciples reported to him what Jesus said: “Go back and report to John what you hear and see: The blind receive sight, the lame walk, those who have leprosy are cured, the deaf hear, the dead are raised, and the good news is preached to the poor. Blessed is the man who does not fall away on account of me.”

Imagine the joy John felt when he heard that all that he had yearned for as a child of Abraham was in fact happening, that God was working through Jesus, the child of Mary, the kind of work that Isaiah spoke of in our first reading this morning.

But joy shouldn't be confused with happiness, nor even contentment.

Joy instead is something rather overwhelming, it's what happens when we witness God at work, whether it's in our family relationships, in our church, or in our community and in the wider world.

Today could almost be called 'Boy Scout' Sunday, because it's all about being prepared – Giving and Receiving The Gift of Joy, not only as a means of keeping together our Advent theme, that theme suggested by the lighting of the Advent candles, but to highlight one of the realities of the gift of joy - that reality which relates to the fact that while it can't be sought, the gift of joy can be given and received by us.

When we see the works of God being done – we receive the gift of joy. And when we allow God to do his works through us – we give the gift of joy or at the very least – the possibility of joy.

That is part of what this Sunday is about – it’s about doing the works of God, the work of caring and praying that joy may come with the giving, that the hand of God may be seen at work.

Joy is a wonderful thing, something that overtakes us when we’re on the path shown to us by Christ. It’s not continuous – at least in this world – but it pops up whenever we see God at work – healing the sick, curing the lame, giving sight to the blind, and proclaiming good news to those who are poor.

It pops up when we do the work of God – and understand that God is doing his work in the circumstances around us.

Everlasting joy comes, so testifies Isaiah on the day of Christ’s second Coming – “On that day the desert and the parched land will be glad; the wilderness will rejoice and blossom. Like the crocus, it will burst into bloom; it will rejoice greatly and shout for joy. They will enter Zion with singing; everlasting joy will crown their heads. Gladness and joy will overtake them, and sorrow and sighing will flee away.”

There’s a day coming, my friends, which we are called to be prepared for, a day of eternal joy, a joy which we receive a taste of in the here and now when we receive the gift of seeing God at work, and when we do the works of God and thereby make it possible for others to have the joy of seeing him.

Blessed be the name of God, day by day. Amen

Sermon given by Fr Keith Gordon on the Third Sunday of Advent which is often called the Sunday of Joy.

Authorised Version Of The Bible

This year (2011) is the 400th anniversary of the Bible known as the King James or Authorised translation so called because it was translated from the original language at the command of King James I when he came to the throne.

In January 1604 a conference was called by the new king “for the hearing, and for the determining, of things pretended to be amiss in the church.” The assembled bishops, clergymen, and professors, along with four Puritan divines, met to consider the complaints of the Puritans. Although Bible revision was not on the agenda, the Puritan president of Corpus Christi College, John Reynolds, “moved his Majesty, that there might be a new translation of the Bible, because those which were allowed in the reigns of Henry the eighth, and Edward the sixth, were corrupt and not answerable to the truth of the Original.” The king agreed and commanded ,

“That a translation be made of the whole Bible, as consonant as can be to the original Hebrew and Greek; and this to be set out and printed, without any marginal notes, and only to be used in all churches of England in time of divine service.”

The next step was the actual selection of the men who were to perform the work. Although 54 men were nominated, only 47 were known to have taken part. The translators were organized into 6 groups, and met respectively at Westminster, Cambridge, and Oxford. 10 at Westminster were assigned Genesis to 2 Kings; 7 had Romans to Jude. At Cambridge, 8 worked on 1 Chronicles to Ecclesiastes, while 7 others handled the Apocrypha. Oxford employed 7 to translate Isaiah to ‘ Malachi; 8 occupied themselves with the Gospels, Acts, and Revelation and in 1611 the new translation of the Bible was produced. And although, today, we have many different translations in contemporary language, the King James Bible is much loved by many people.

To those who do read the Bible to increase their faith and help them hear God as he speaks to them, but sometimes, perhaps, feel a little intimidated by the characters who seemed to have a hot-line to God, and to those who think God can't use them because they're not good enough. Let us be encouraged by the following:

Noah was a drunk
Abraham was too old
Isaac was a daydreamer
Jacob was a liar
Leah was ugly
Joseph was abused
Moses had a stuttering problem
Gideon was afraid
Samson had long hair and was a womaniser
Jeremiah and Timothy were too young
David had an affair and was a murderer
Elijah was suicidal
Isaiah preached naked
Jonah ran from God
Naomi was a widow
Job went bankrupt
Peter denied Christ
The Disciples fell asleep while praying
Martha worried about everything
The Samaritan woman was divorced, more than once
Zaccheus was too small
Paul was too religious
Timothy had an ulcer, AND
Lazarus was dead!

And don't forget, Jesus Helped them all!!!! God can use you to your full potential. Besides you aren't the message, you are just the messenger.

BBC's Bible Marathon

BBC Radio 4 is going to broadcast a day of readings from the Bible this month in order to mark the 400th anniversary of the publication of the King James Bible. On Sunday 9th January BBC Radio 4 will broadcast 28 readings of 15 minutes each, lasting a total of seven hours. Prior to the Sunday 9th, there is also a series of three documentary programmes presented by Jim Naughtie - these are going out on 3rd, 4th and 5th January from 09:00am - 09:45am on BBC Radio 4 and are entitled The Story of the King James Bible.

A New Chaplaincy Worship Centre

With the agreement of the Chaplaincy Council and the support of Wimborne Minster, Michael and I are starting an exciting, new missionary endeavour. By the time you read this magazine, as last year, we will have held a Carol Service at the Swedish Church in Los Cristianos, but from January we are holding Sunday services there. Services will be held at 10.30 am on the second and fourth Sundays each month over the 'swallows period' and we are now busily advertising them.



The Swedish Church, Los Cristianos

We hope that you will join us in praying that people will come! It is a particular joy for us to be given this opportunity to work together again in this new ministry and we would value your prayer support for us as we trust God in this new venture.

Rev's Elise and Michael Harding



The Swedish Church

The Swedish Church (Casa Sueca) can be found opposite the El Cornel on the sea front walk in Los Cristianos.

Services will be held during January, February and March and again in October November and December.

2nd and 4th Sundays
10.30 am Holy Eucharist (sung)



Church Warden

I am now two terms (in the school year) into my new post of Chaplaincy Warden and I often feel in a bit of a fog..... However I am really enjoying the wonderful community element, I feel my Family has grown one hundred fold. I have greatly appreciated the warmth and friendship shown, I can't not mention Norma and Caroline and the guidance and support from the Assistant wardens Jean and Elizabeth plus Shirley and Marisha in Los Gigantes and Jean the retired Warden, Alan and of course F. Keith and the Congregation at large. The Church has certainly filled a huge gap in my life after closing my small but very active primary school.

I remember Easter 1986 and how alone I felt starting a Nursery school from scratch, then the work involved in harassing the clerical powers that be for the appointment of a full time priest in the South. I loved the regular weekly contact with the Priests and I think they all enjoyed lunching and communicating with the Children and Staff over the years until 2008. What a joy and support it was for me.

My more distant past started in the industrial area of Shropshire, my Family, staunch primitive Methodists, I loved listening to my lay preacher Father conduct the local anniversaries, there were about six or eight small chapels in the group, singing was a part of my life and walking in the demonstrations behind the huge velvet trimmed banners carrying baskets of flowers were highlights when the Church's all got together. I left the comfort of the Methodist fold for the rather more austere Anglican Church when I was eleven or twelve, I am not sure if it was the attraction of learning how to ring the bells or having a crush on the local drapers son but it was a good move. I loved the aura of the building, the presence within, even though the Church was extremely musty and rather dark, it held a wonderful spiritual feel. I can remember at times having the desire to giggle and having to suppress even a sneeze or two in winter.

I love the warmth and friendliness of the congregation in San Eugenio but I still wonder if we are just a little too chatty in Gods House, as I used to describe the Church to my Pupils. I would hate us to be as gloomy as the congregation in Dawley Church in the 50's but I feel that we should respect the fact that many are wanting to have a few moments of silent prayer before the service starts, so my prayer for 2011 is a calmer start to our Worship.

What do you think?

Ann Plummer

Quiet Please

*Our lovely Church
is a Holy place,
Please remember
to treat with grace.*

*Dignity and respect
is our desire,
Your warmth 'nd friendship
does inspire.*

*A quiet entry
will set the scene
for Personal Prayer
to convene.*

*We love your caring
and your chatter.
LATER - over coffee,
lets all natter.*

*Thank you for listening
to my request.....
Please understand
it's for the best.*

Ann Plummer 2010

Left Out In The Cold

A member of a certain church, who previously had been attending services each week, stopped going. After a few weeks, the minister decided to visit him. It was a chilly evening. The minister found the man at home alone, sitting before a blazing fire. Guessing the reason for his minister's visit, the man welcomed him warily, led him to a big chair near the fireplace and waited. The minister made himself comfortable, but said nothing. In the grave silence, he contemplated the play of the flames around the burning logs.

After some minutes, the minister took the fire tongs, carefully picked up a brightly burning ember and placed it to one side of the hearth all alone. Then he sat back in his chair, still silent. The host watched all this in quiet fascination.

As the one lone ember's flame diminished, there was a momentary glow and then its fire was no more. Soon it was cold and dead and dark. Not a word had been spoken since the initial greeting. The two men sat on in reflective silence.

A little while later, just before the minister was ready to leave, he picked up the cold, dead ember and placed it back in the middle of the fire. Immediately it began to glow once more with the light and warmth of the burning coals around it. As the minister reached the door to leave, his host said, "Thank you so much for your visit and especially for the fiery sermon. I shall be back in church next Sunday."

Wiser after 60

These days, do you feel wiser? Less apt to make an impulsive choice? Less ruled by your emotions? In a recent American study, it was found that people over 60 can still learn new abilities, but their brains are less dependent on 'feel good' hormones. This probably makes life a whole lot easier – because they are less susceptible to mad impulses.

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Do you only get a copy of our magazine when you are on holiday in Tenerife?

Would you like to receive it on a regular basis?

It now costs 40p to post a copy to you, including packing, This means that, with a minimum donation of 1€ per issue, we can get a copy of the magazine to you for a minimum subscription of 1.50 € or £1.30 per copy. Of course we are always happy to receive a donation of more than the minimum 1€. Please fill in the form on the back of this page and indicate how many issues you would like your donation to cover.

I know that some of you like to pick up your copy while you are out here on holiday so if you would like us NOT to post certain issues to you this can be arranged; simply circle the relevant months on the subscription form and we will make the appropriate arrangements.

Finally, remember, I am always glad to hear from you with comments, suggestions or articles for inclusion.

Alan Charlesworth

Editor

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Every issue we post over 40 copies to our friends in Spain & the UK.

If you wish to receive the magazine, please complete the slip below with the name and address to which you would like it to be sent. With a minimum donation of 1€ per issue, we can get a copy of the magazine to you for only 1.50 € or £1.30 per copy.

We plan nine issues per year.

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Mrs Jean Bates, 278 Calle Abona, Urb. Sueno Azul, Callao Salvaje, 38678 Adeje, Tenerife

Signs & Symbols: Bless you!

If a blessing is at the very least a prayer to God to look kindly on something, someone, some situation or place then here is a question: what would YOU want to bless?

Just as the world fights financial recession and looks at all parts of the economy to decide where to make cuts in services, so we could do a review of where we would wish to ask God to turn his loving attention. (This may sound a bit daft, because God is everywhere and knows everything, but rather like the sun is everywhere and we don't always see it because of the clouds between it and us so sometimes things, including ourselves, get between us and God also.)

Most services and certainly at every service on a Sunday, the church intercedes for the world to God. In many churches there is a rota of people who write and read aloud the prayers, and their personal preferences and styles always colour both the issues for which they pray and the way in which they do so.

This month: Listen to the person leading the intercessions, not just to the issues for which they are praying but also to their 'style'. Now write a few prayers in your own style. Get hold of a newspaper or current magazine, cut out just one or two articles upon which you would like to ask God's blessing, then perhaps glue them into a book as you pray that God's blessing will stick to these situations as the glue you are using will stick to the paper. In this way you will create your own prayer book of issues, circumstances, places and people that you would like God to bless – at this time of year you could add the signatures from the Christmas cards you received to remind you of your friends.

Incentive to succeed

An old gentleman was on the operating table awaiting surgery. He had insisted that his son, a renowned surgeon, perform the operation. As he was about to get the anaesthesia, he asked to speak to his son, to encourage him. 'Don't be nervous, do your best and just remember, if it doesn't go well, and something happens to me, your mother is going to come and live with you and your wife.'

Heading in the right direction.

Unlike many people these days we don't have a Sat Nav device in our car. So when we recently travelled in a friend's car, I was fascinated to discover how this magical piece of equipment works. I was mesmerised by the hypnotic tones of the disembodied female voice announcing "at the next roundabout take the second exit." What would happen, I wondered, if we took the third or fourth exit? Would the robotic voice say in a rather contemptuous voice "No - you - silly - man - I -said - the - **second** - exit!" Or would she blow a fuse, unable to cope with the deviation from the set path? In fact neither of these things happened. My friend frequently ignored the instructions but the genie of the Sat Nav merely paused, announcing that she was "recalculating," then calmly re-planned her route.

It strikes me that following God's direction for our own lives is sometimes a bit like our relationship with our Sat Navs: God knows the best route to take, but we've got a better idea! In our Tuesday evening Bible group, we've been looking at the theme of how to make the right decisions and what happens if we make the wrong ones. Decision making is not my strong point (I used to be indecisive but now I'm not so sure....), but I was encouraged by the experience of others in the group who felt that God had redeemed their own sometime misguided decisions and brought good out of a difficult situation. So if we do happen to miss or ignore God's direction for the next destination on our spiritual journey, I am sure He will patiently devise another route and gently guide us along a new path,

Liz Dixon

Curious Business of Raising Children

You spend the first two years of their life teaching them to walk and talk. Then you spend the next sixteen telling them to sit down and shut up.

Quotes for January

It is better to lose anything than to lose time; we can recover lost money, but time is irrecoverable. - Chrysostom

The probable reason some people get lost in thought is because it is unfamiliar territory to them.

One must live in the way one thinks, or end up thinking the way one has lived.

Too often a man handles life as he does bad weather. He whiles away the time as he waits for it to stop.

God promises the Christian heaven after death, not before it.

Living without faith is like driving in a fog.

Humility is not thinking meanly of oneself, but rather it means not thinking of oneself at all.

True happiness is not attained through self-gratification, but through fidelity to a worthy purpose.

Man drives, but it is God who holds the reins.

When we have nothing left but God, then we become aware that God is enough.

God is pleased with gratitude; he gets so little of it.

If your enemies throw rocks, build a monument.

Kindness is a witness that offends no one.

Live your life in such a way that when your feet hit the floor in the morning, Satan shudders and says, "Oh no....she's/he's awake!!!"

Missionaries do Emmanuel labour.

Sometimes, the only thing worse than unanswered prayer is answered prayer.

For every tax problem there is a solution which is straightforward, uncomplicated and wrong.

45 Lessons Life Taught Me

Written by Regina Brett, 90 years old, of the Plain Dealer, Cleveland , Ohio.

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short to waste time hating anyone.
4. Your job won't take care of you when you are sick. Your family and parents will. Stay in touch.
5. Pay off your credit cards every month.
6. You don't have to win every argument. Agree to disagree.
7. Cry with someone. It's more healing than crying alone.
8. It's OK to get angry with God. He can take it.
9. Save for retirement starting with your first paycheck.
10. When it comes to chocolate, resistance is futile.
11. Make peace with your past so it won't screw up the present.
12. It's OK to let your children see you cry.
13. Don't compare your life to others. You have no idea what their journey is all about.
14. If a relationship has to be a secret, you shouldn't be in it.
15. Everything can change in the blink of an eye. But don't worry; God never blinks.
16. Take a deep breath. It calms the mind.
17. Get rid of anything that isn't useful, beautiful or joyful.
18. Whatever doesn't kill you really does make you stronger.
19. It's never too late to have a happy childhood. But the second one is up to you and no one else.
20. When it comes to going after what you love in life, don't take no for an answer.
21. Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion. Today is special.

22. Over prepare, then go with the flow.
23. Be eccentric now. Don't wait for old age to wear purple.
24. The most important sex organ is the brain.
25. No one is in charge of your happiness but you.
26. Frame every so-called disaster with these words 'In five years, will this matter?'
27. Always choose life.
28. Forgive everyone everything.
29. What other people think of you is none of your business.
30. Time heals almost everything. Give time time.
31. However good or bad a situation is, it will change.
32. Don't take yourself so seriously. No one else does.
33. Believe in miracles.
34. God loves you because of who God is, not because of anything you did or didn't do.
35. Don't audit life. Show up and make the most of it now.
36. Growing old beats the alternative -- dying young.
37. Your children get only one childhood.
38. All that truly matters in the end is that you loved.
39. Get outside every day. Miracles are waiting everywhere.
40. If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.
41. Envy is a waste of time. You already have all you need.
42. The best is yet to come...
43. No matter how you feel, get up, dress up and show up.
44. Yield.
45. Life isn't tied with a bow, but it's still a gift."

Letter from St James the Least of All

The Rev Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'...

On how to deal with your church's correspondence

The Rectory

St. James the Least

My dear Nephew Darren

You may have had several years of intensive training on biblical interpretation, preaching and church history, but theological courses never seem to cover the most important matters in parish life: how to evade disgruntled parishioners, run a tight jumble sale and, in your case at the moment, deal with correspondence.

The accepted practice is to read all the letters you receive and then discard them. If the matter is truly important, you will receive a second one, to which you respond; more likely, the sender will either have forgotten all about his first letter after the second month or will write to some other cleric instead. In either case, you will be saved a great deal of trouble.

You only need two folders for your filing system. The first is for complaints; they are to be filed and ignored, no matter how many duplicates you are sent. Should you be confronted personally, you simply say that the matter has been passed on to the bishop. Those truly dogged complainants who pursue the matter will eventually receive an episcopal reply saying he knows nothing of the matter, for which you then blame the postal system. After letters will have ricocheted round the country for many months, the person complaining will either have lost energy to pursue the matter, or the will to live.

The second file receives all other correspondence chronologically. The earliest letters will be at the bottom of the pile and the most recent on the top. In my experience, this file only needs attention when it reaches a height of about two feet and becomes unstable. The practice

then is to discard the lower 6 inches and allow it to continue its steady growth until the process is repeated. If the stack is kept in the church vestry, then mice usually attend to the papers on the bottom of the pile in their own omnivorous way.

Sadly, your own church, with its electronic systems for filing, sorting and retrieving correspondence and with your parish secretaries, removes all of these blessings at a stroke. You have therefore no excuses for not dealing instantly with every note that comes your way. As ye sow, so shall ye reap.

May I also remind you that not even St. Paul, that unflinching letter-writer, ever ended one of his letters with a request for a prompt reply. Need I say more?

Your loving uncle,

Eustace



Go On, Mutter Away To Yourself

Do you ever talk to yourself? Don't worry – it is good for you. You are not going mad, but actually helping yourself to stay in control of your life.

“We give ourselves messages all the time, with the intent of controlling ourselves, whether that's telling ourselves to keep running when we're tired, or to stop eating even though we want one more slice of cake,” says a psychologist from Toronto University. “We found that people act more impulsively when they can't use their inner voice, or talk themselves through a demanding task.”

So – perhaps you should only worry if you have to stop and ask yourself to repeat what you just said – because you didn't catch it!

Contented People Like You Better

People who see the best in others are more likely to be happy and well adjusted in themselves, a recent study suggests. For the way in which you judge others says at least as much about YOUR mental well-being, as it does about THEIRS.

Results published in the Journal of Personality and Social Psychology state that people who are enthusiastic, happy, kind-hearted, courteous, emotionally stable and capable, often judge other people in as positive a light as possible. A constantly negative perception of other people was linked with higher levels of narcissism and anti-social behaviour.

So it seems that aiming to see the good in others reveals the good in ourselves. A constant desire to criticise and judge others reveals a greater likelihood of depression and even personality disorder in ourselves.

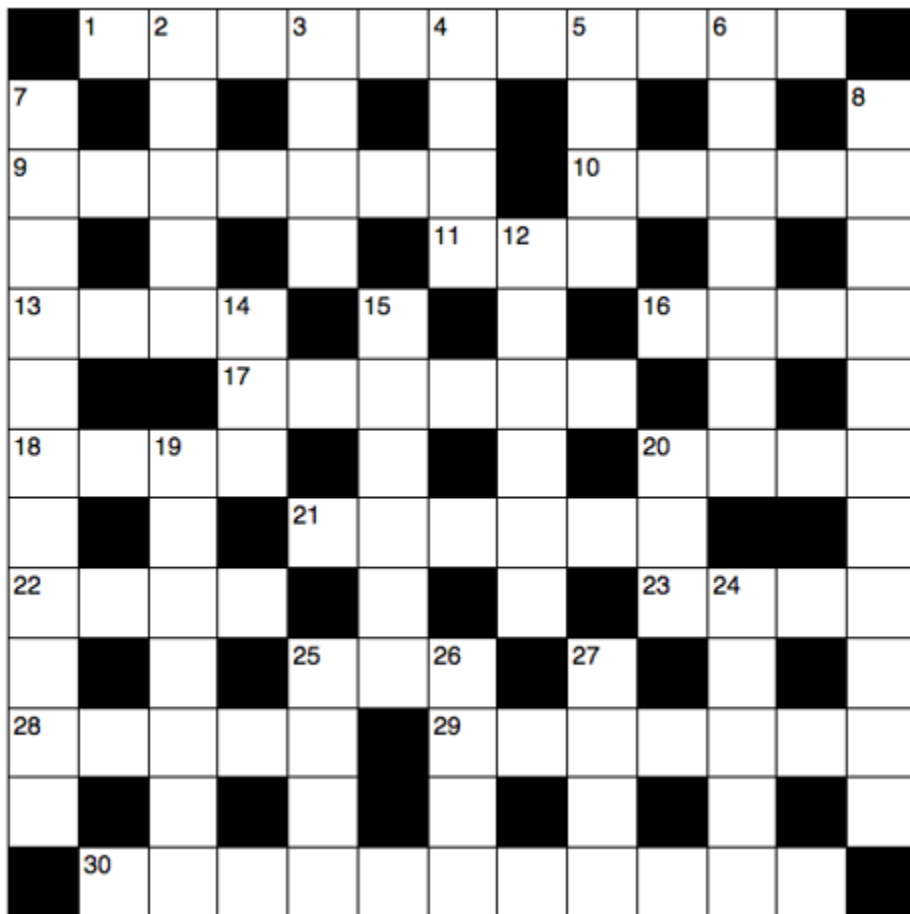
Sudoku

			7		8	1	5	
1		7	2					6
				5		9		7
				8		5	6	3
	1	3	6		7	2	4	
8	4	6		2				
7		4		1				
9					6	8		2
	2	1	8		5			

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Solution on page 31

Crossword



The bible references in the clues all refer to the text of the NIV version.

Solution on page 31

Clues

Across

- 1 Paul said the wrath of God 'is being revealed from heaven' against this (Romans 1:18) (11)
- 9 Go smite (anag.) (7)
- 10 'But — I have risen, I will go ahead of you into Galilee'(Matthew 26:32) (5)
- 11 'Take and —; this is my body' (Matthew 26:26) (3)
- 13 Type (2 Thessalonians 2:10) (4)
- 16 'Woe to those who — iniquity' (Micah 2:1) (4)
- 17 'How shall we — if we ignore such a great salvation?' (Hebrews 2:3) (6)
- 18 Opposite of evens (4)
- 20 Previously cited (Latin) (4)
- 21 'There is surely — — of God in this place, and they will kill me because of my wife' (Genesis 20:11) (2,4)
- 22 The Thessalonians were warned to keep away from every brother who was this (2 Thessalonians 3:6) (4)
- 23 Beat (anag.) (4)
- 25 To trouble or afflict (Job 16:3) (3)
- 28 Part of a roof (1 Kings 7:9) (5)
- 29 Attain (Job 5:12) (7)
- 30 Insect noted for its gymnastic ability (Psalm 78:46) (11)

Down

- 2 Smell (John 11:39) (5)
- 3 Lion's home (Jeremiah 25:38) (4)
- 4 'Jesus Christ is the — yesterday and today and for ever' (Hebrews 13:8) (4)
- 5 Tidy (4)
- 6 Made their home (Genesis 47:27) (7)
- 7 Their task was to carry the curtains of the tabernacle (Numbers 4:25–26) (11)
- 8 Timothy's was called Lois (2 Timothy 1:5) (11)
- 12 The Lover likened the fragrance of the Beloved's breath to these (Song of Songs 7:8) (6)
- 14 Times Educational Supplement (1,1,1)
- 15 Eight-tentacled sea creatures (6)
- 19 'And lead us not into temptation, but — us from the evil one'(Matthew 6:13) (7)
- 20 D.L. Moody's legendary song leader, — D. Sankey (3)
- 24 Rarely used musical note (5)
- 25 'Your will be done on earth — it — in heaven' (Matthew 6:10) (2,2)
- 26 and 27 'The Lord Almighty will — them with a — , as when he struck down Midian at the rock of Oreb' (Isaiah 10:26) (4,4)
- 27 See 26 Down

As With Gladness...

As with gladness men of old,
Watched their business plans unfold,
Their successors, to this day,
Know how to get folk to pay.
The results are what you see
In the sales of January.

Shoppers queue right out of sight –
Some have been out there all night!
When the doors are opened wide
A stampede to get inside.
One would think the goods are free
In the sales of January!

People fight like dog and cat
For a bit of half-price tat;
Max their credit cards, but feel
That they've got a splendid deal.
They enjoy their spending spree
In the sales of January!

So the tills go 'ring ting ting',
As the cash comes rolling in,
Even with the goods half price,
Profit margins are still nice.
So shop bosses smile with glee
In the sales of January!

by Nigel Beeton

Puzzle Solutions

Here are the solutions to the Puzzles .

Now I know you would never intentionally cheat but I know how easy it is to see the odd word or letter without meaning to. So, unless you can read upside down and back to front, I have disguised the solution. You can read it properly by holding this page up to a mirror.



Counselling & Reiki

Moira Congreve
SRN, DN, DIP
Counselling,
MBACP 564846,
Reiki Practitioner

On line / clinic / home appointment

Counselling

- * Need someone to listen to you?
- * Clarify your feelings & events?
- * Focus on specific issues?
- * Offer a different perspective?
- * Gain control, manage your life more effectively
(Counselling is not an advice giving service)
- * Does your company require a counselling service?
- * Happy staff remain in employment with some support.

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Alan Charlesworth	922 17 61 10
Moirra Congreve	922 78 17 02
Ronald Eastwood	922 76 40 62
Christine Gaunt (Lay Reader).....	922 78 60 96
Jean Kelly	922 78 67 77
Joan Leatherbarrow	0044 7854 85 19 99
Norma Martindale	922 71 17 12
Keith Nielsen	922 72 71 95
Elizabeth Thomas	922 39 61 33
Patricia Whenlock	922 78 41 74

Synod Representatives

Shirley Beard	922 86 19 97
Gwen Furnston (and Assistant treasurer).....	922 74 83 51

Details of services can be found on the back page.

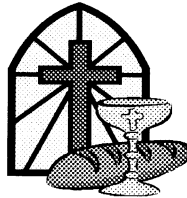
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January 2011

TIMES OF SERVICES



Playa de las Americas

San Eugenio	Sunday	10.15 am	Holy Eucharist, Sung
	Wednesday	10.15 am	Holy Eucharist, Said

Los Gigantes

Espiritu Santo	Sunday	6.00 pm	Holy Eucharist, Sung
	Thursday	10.30 am	Holy Eucharist, Sung

Golf del Sur (From September to April)

San Blas	Sunday	6.00 pm	Holy Eucharist, Sung. By Extension
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Los Cristianos (*Second and Fourth Sundays January to March*)

Swedish Church	Sunday	10.30 am	Holy Eucharist, Sung
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(See the diary on pages 4-5 for detailed times)

For Baptisms, Confessions, Wedding Blessings, Renewal of Vows, Confirmations and funerals, please contact the Chaplain Father Keith Gordon or one of the Chaplaincy Wardens for information.

Should you wish to talk to the chaplain privately, please do not hesitate to contact Father Keith Gordon on 922 74 20 45.